

THE IMPACT OF THE CRISIS IN PORTUGAL ON THE EXPERIENCE OF WORK, PSYCHOSOCIAL UNCERTAINTY AND EMOTIONAL COPING A CROSS-SECTIONAL AND LONGITUDINAL STUDY

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WHAT IS THE RELATIONSHIP BETWEEN THE ACCESS TO WORK'S BENEFITS, PSYCHOSOCIAL UNCERTAINTY AND EMOTIONAL COPING STRATEGIES TOWARDS UNCERTAINTY? - CROSS-SECTIONAL RESULTS (2009) -

Aim 1

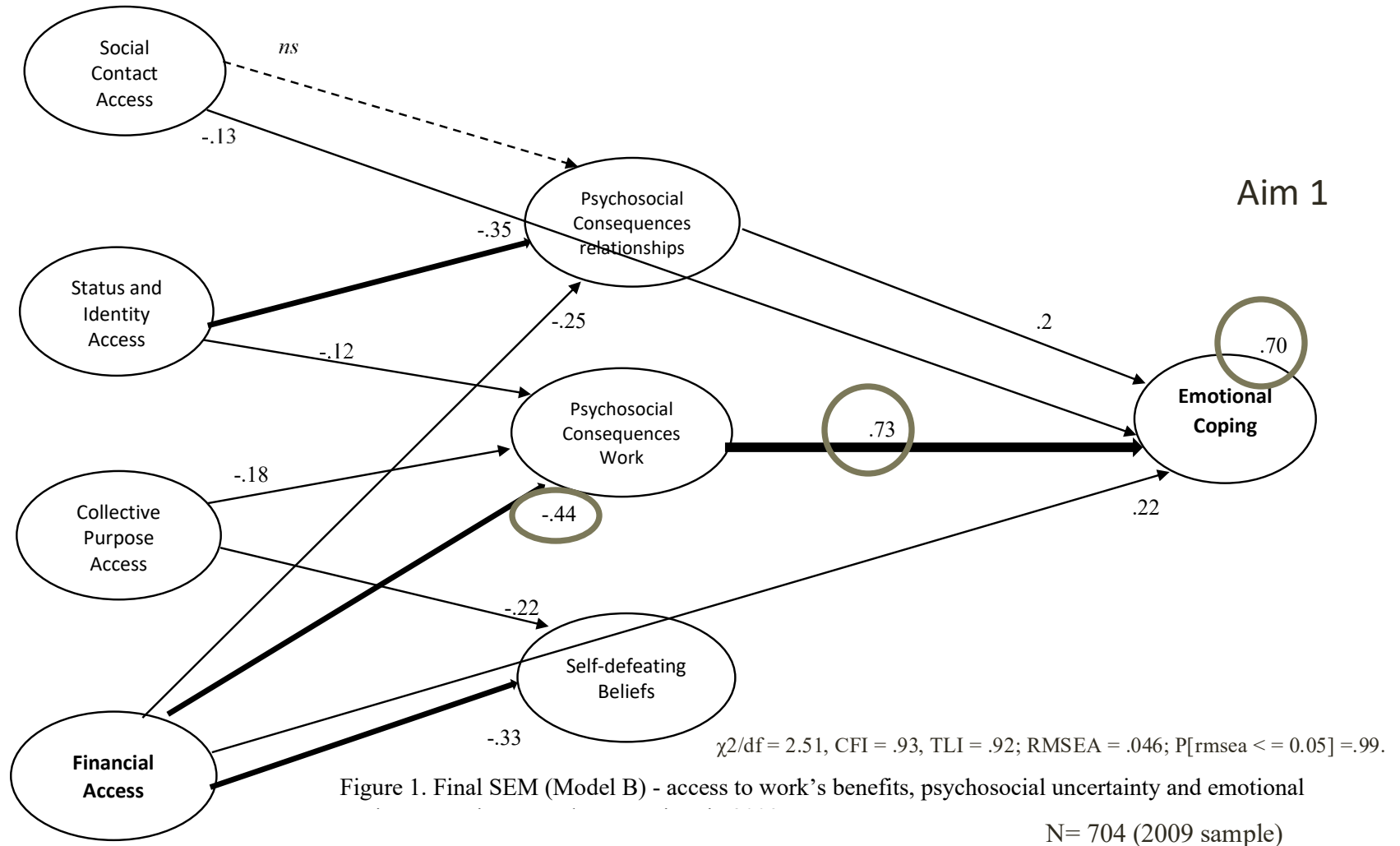


Figure 1. Final SEM (Model B) - access to work's benefits, psychosocial uncertainty and emotional

N= 704 (2009 sample)

DID THE PORTUGUESE SOCIAL AND ECONOMIC CRISIS HAVE AN IMPACT ON ALL VARIABLES OF THE ORIGINAL MODEL?

- LONGITUDINAL RESULTS: 2009 / 2014 / 2019 -

- Strategies that individuals develop and implement to cope with uncertainty are **influenced by their socioeconomic and professional circumstances**, which are influenced by the **political context**.
- **Precarity and unemployment**, by engendering financial deprivation, seem to promote the **adoption of emotional coping strategies towards uncertainty and undermine agency**.
- During socioeconomic periods of **crisis and austerity**, individuals experience **more uncertainty within their work environments**, which may impact their coping strategies.
- **Financial resources and stability are protective** of mental and physical health deterioration
- Policymaking on employment issues must **reinforce legislation to protect work and conditions of work**